Which endocrine gland releases epinephrine and norepinephrine to produce what is called a fight-flight response?

A  pituitary gland

B  pineal gland

C  adrenal glands

D  thyroid gland
When you are frightened, sympathetic nerves cause the release of epinephrine (adrenalin) and norepinephrine from your adrenal glands.

Answer C.

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