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Harm. oscillator  
eigenstates  $|n, \alpha\rangle$ ,  $E_n = \hbar\omega(n + \frac{1}{2})$   
same set of  $\alpha$  @ each  $n$ .

start with  $\alpha$  ground state  $|0, \alpha\rangle$

$$\hat{\alpha}^+ |0, \alpha\rangle = |1, \text{ same } \alpha\rangle$$

$$\hat{\alpha}^{+2} |0, \alpha\rangle = \hat{\alpha}^+ |1, \alpha\rangle = \sqrt{2} |2, \alpha\rangle$$

$$(\hat{\alpha}^+)^3 |0, \alpha\rangle = \hat{\alpha}^+ |2, \alpha\rangle = \sqrt{3} \sqrt{2} |3, \alpha\rangle$$

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$$(\hat{\alpha}^+)^n |n, \alpha\rangle = \sqrt{n!} |n, \alpha\rangle.$$

$\hookrightarrow$  any  $|n, \alpha\rangle$  obtains from  $|0, \alpha\rangle$   
by acting with  $\hat{\alpha}^+$   $n$  times.

Suppose no degeneracy.  $\rightarrow |n\rangle, n \neq n'$ .

$$\hat{\alpha}|n\rangle = \sqrt{n} (\cancel{\alpha} |n-1\rangle)$$

$$\langle n' | \hat{\alpha} | n \rangle = \sqrt{n} \delta_{n', n}$$

$$\hat{\alpha}^+ |n\rangle = \sqrt{n+1} |n+1\rangle$$

$$\langle n' | \hat{\alpha}^+ | n \rangle = \sqrt{n+1} \delta_{n', n+1} = \sqrt{n} \delta_{n', n-1}$$

$$\hat{q} = \sqrt{\frac{k}{2m\omega}} (\hat{a} + \hat{a}^+)$$

$$\hat{p} = \frac{1}{\sqrt{2m\omega}} (-i\hat{a} + i\hat{a}^+).$$

$$\rightarrow \langle n | \hat{q} | n \rangle = 0 \quad \left. \begin{array}{l} \\ \end{array} \right\} \text{unless } n = 0 \pm 1.$$

$$\langle n | \hat{p} | n \rangle = 0$$


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In any wave state  $|\psi\rangle$

$$\langle \psi | \hat{q} | \psi \rangle (t), \langle \psi | \hat{p} | \psi \rangle (t)$$

oscillate harmonically  
with frequency  $\omega$ .

Q Let  $\langle \psi | \hat{q} | \psi \rangle (t=0) = \sum_n c_n | n \rangle$

$$\rightarrow \langle \psi | \hat{q} | \psi \rangle (t) = \sum_n c_n | n \rangle e^{-i(\omega t + \omega_0 t + \frac{1}{2})}$$

$$\langle \psi | \hat{p} | \psi \rangle (t) = \sum_{n,m} c_n c_m^* \langle n | \hat{p} | m \rangle \times$$

$$\times e^{i(\omega(m-n)t)}.$$

but  $\langle n | \hat{p} | n \rangle = 0$  unless  $n = m \pm 1$ .

$$\rightarrow \langle \psi | \hat{p} | \psi \rangle = e^{i\omega t} \sum_n c_n c_{n+1}^* \langle n+1 | \hat{p} | n \rangle$$

+ complex conjugate.

$\rightarrow$  no frequencies except  $\omega$

$|n_1, \dots, n_N\rangle$

wavefunction has  $\psi(n_1, \dots, n_N)$

funct. of depends on all  $n_1 \dots n_N$   
but not of  $p_1 \dots p_N$

state  $|n_1, \dots, n_N\rangle$

has  $\psi(n_1, \dots, n_N) = \psi_{n_1}(n_1) \psi_{n_2}(n_2) \times \dots \times \psi_{n_N}(n_N)$

Phonons

$$\hat{\mathcal{H}}_{\text{tot}} = \bigoplus_{N=0}^{\infty} \hat{\mathcal{H}}_N$$

$\hat{\mathcal{H}}_N$ : Hilbert space of  $N$  phonons,  
uses  $N$  identical bases

$\hat{\mathcal{H}}_{\text{tot}}$ : Hilbert space of the  
vibrating struc

$\rightarrow$  Hilbert space of any number  
of phonons.

A state of finite energy,  $N$  is finite